



CMHA Manitoba and Winnipeg announce Heroes Nominees

WINNIPEG, MB (October 1, 2015) – CMHA Manitoba and Winnipeg are pleased to announce the nominees for their Annual Heroes of Mental Health Awards, an event that celebrates the contributions made by individuals and organizations in the advancement of mental health in Winnipeg. The Awards will be handed out on October 8 at the Delta Hotel between 11:30 AM to 1:30 PM.

“The Heroes of Mental Health Awards is an occasion to celebrate and be inspired,” says Executive Director Marion Cooper.

“The Awards highlight the resilience of people who translate personal struggles with mental health into projects or activities that reduce the stigma of mental illness, provide peer-support, and contribute in meaningful ways to Winnipeg’s mental health community”, says Cooper.

2015 Heroes of Mental Health Award Nominees:

The Wawanesa Inspiring Individual Award

Nellie Kennedy
Matthew Sarbit
Emily Walker
Al Wiebe

RBC Believe in Youth Award

Tara Green

Manitoba Liquor and Lotteries Impact Volunteer Award

Klinic Volunteers
Debra Radi
Maree Rodriguez

Friend / Family

Trent Grindle
Deanna Ng

Professional

Centre Flavie-Laurent

Bev Hradowy

Seven Oaks School Division
The Manitoba Association of School
Superintendents

Mental Health Professional

Anxiety Disorders Association of Manitoba
Mel and Shirley Chartrand
Erika Hunzinger

Media

Dahlia Kurtz

Philanthropist or Philanthropic Action

Junel Malapad
Della Steinke

SAFE Work Manitoba Healthy Workplace Award

HEB Manitoba / Leah Hes

Lifetime Achievement Award

Tim Wall

TICKETS for the event are available for purchase [online](#) or by calling the CMHA Manitoba and Winnipeg office (204-982-6100).

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