

# BOARD OF DIRECTORS POSITIONS

The Canadian Mental Health Association Manitoba and Winnipeg (“CMHA”) is currently seeking candidates to complement our current passionate and dedicated Board of Directors.

## **Recruitment Notice Highlights:**

*Recruitment is for three independent Board of Director positions with the Canadian Mental Health Association Manitoba and Winnipeg*

*Term shall be for a period of two (2) years*

*At least six (6) meetings shall be held in each fiscal year; most meetings are held in the evenings and are approximately 2½ hours in duration*

*The Board shall consist of a minimum of eight (8) and a maximum of fourteen (14) directors*

*Please refer to the details below before submitting an application*

*Submit applications via email to [lrussell@cmhawpg.mb.ca](mailto:lrussell@cmhawpg.mb.ca)*

*Submission deadline is 2:00pm (CST) on February 7, 2019*

## **Canadian Mental Health Association Manitoba and Winnipeg**

The Canadian Mental Health Association Manitoba and Winnipeg is part of a nation-wide, charitable organization that promotes the mental health of all and supports the resilience and recovery of people experiencing mental illness.

CMHA is a recognized leader in developing and delivering community based mental health services that address identified regional needs. CMHA works collaboratively with other stakeholders in building a network of accessible supports and services in the community.

CMHA is operated independently with its own Board of Directors; it currently manages an annual budget of approximately \$4.6M. Its core functions to achieve its goals are 1) building capacity, 2) developing resources, 2) influencing policy and, 4) providing services.

## **Mission Statement**

*“To honour and promote the mental wellness of all Manitobans and to support individuals who experience mental illness and addictions issues to achieve recovery and well-being within healthy and supportive communities.”*

### ***Background on Governance***

The CMHA Manitoba and Winnipeg Board of Directors adheres to the Carver Model of Policy Governance for board leadership. Under this governance, the board crafts its values into policies of four types: ends, executive limitations, board-executive linkage, and governance process.

### ***Responsibilities***

CMHA Directors are fully informed on CMHA governance matters, and participate in the Board's deliberations and decisions in matters of policy, finance, strategic planning and image of the organization.

### ***Competencies***

The CMHA Board, as a whole, shall reflect a broad range of knowledge, skills and experience. The specific competencies sought for the CMHA Board of Directors are as follows:

Commitment to CMHA's Mission	Lived Experience Knowledge/Awareness
Government Relations	Fundraising Experience/Contacts
Marketing/Communications	Strategic Planning
Indigenous Cultural Competency	Finance

### ***Eligibility***

1. He or she is a member not less than eighteen (18) years of age,
2. He or she is not an employee of, or an independent consultant to CMHA Manitoba and Winnipeg; and,
3. He or she does not have the status of bankrupt.

### ***Remuneration***

The directors shall not be entitled to any remuneration whatsoever for their services for acting as such but they shall be reimbursed for all costs and expenses reasonably and necessarily incurred by them as directors in connection with the affairs of the Corporation and approved by the Chairperson, the Executive Director or the Treasurer for reimbursement.

### ***Position Selection***

The selection process will involve a short listing of the candidates from the Board Nominations Committee and then provide a report as to its nominations to the Board. This report shall propose a single slate of nominees for ratification before being presented to the members of the Association. Directors shall be elected by the members at the annual meeting.

### ***Additional Information***

For more information about the work CMHA does, please go to our website:  
<https://mbwpg.cmha.ca/about-cmha/>

***Application Process***

Please submit your Curriculum Vitae or resume and a cover letter by 2:00pm (CST) on February 7, 2019 in electronic form to [lrussell@cmhawpg.mb.ca](mailto:lrussell@cmhawpg.mb.ca) or by mail to:

CMHA Manitoba and Winnipeg  
Attn: Lynn Russell  
930 Portage Avenue  
Winnipeg, Manitoba R3G 0P8

***CMHA's Goals***

- 1. People experience positive mental health across the lifespan*
- 2. People with mental illness and addictions issues experience health and well-being*
- 3. Families and caretakers engage in recovery and wellness*
- 4. Decision makers and all levels of government support mental health through equitable investments and resource allocations*

***Values and Principles***

*The work we do to achieve our GOALS is guided by the following values and principles:*

*Accessible and inclusive*

*Collaborative-based*

*Culturally-safe*

*Equity-focused*

*Evidence-formed*

*Partnership-driven*

*Recovery-oriented*

*Relational and person-centered*

*Strength-based*

*Trauma-informed*