

Job Posting (EXTERNAL)
Wellness Skills Support Facilitator
Full-time term position

The Canadian Mental Health Association Manitoba and Winnipeg, is part of a 100 year old nation-wide non-profit organization that promotes the mental health of Canadians and supports the resilience and recovery of people experiencing mental illness.

Why Choose CMHA Manitoba and Winnipeg?

For a great work/life balance

For career development

For our comprehensive group benefits plan, including extended health, life insurance, and long-term disability coverage

For our CAPB pension plan

For the opportunity to work with a talented team who are passionate and dedicated to mental health recovery and well-being

The Opportunity

We have a full-time term position available for a Wellness Skills Support Facilitator who will provide direct service to students at Adult Learning on Lombard.

The Position

The Wellness Skills Support Facilitator engages in assessing readiness of students, plans around potential barriers that may impact their engagement and assists students to gain skills and access resources to achieve satisfaction and success in their role as a student. This role will complete assessments and provide ongoing support through skills development, resource acquisition, service navigation and referrals.

As a part of the Wellness Skills Support Team, you will work collaboratively with staff and teachers at Adult Learning on Lombard (ALOL) to provide wraparound supports to the students and support to teachers.

This salary range for this position falls within the Collective Agreement Band 5 scale between \$45,869.88 and \$55,799.34.

The Responsibilities

- Work with each learner on individual basis to establish rapport, assess readiness to engage in the learning environment, identify strengths and barriers to engagement and support them in addressing the barriers and developing readiness to be successful in the educational setting and community.
- Use the Psychiatric Rehabilitation approach as well as other relevant tools and methods of responding (i.e.: Stages of Change, COD tools, Psychiatric Rehabilitation, Motivational Interviewing) to assist students to gain skills and resources that assist them to successfully engage in the learning environment and work toward employability.
- Assess and plan actions with the student around: readiness to engage, make change when appropriate, setting self-determined goals, acquiring critical skills and resources and co-ordinating supports

- Assess and plan action with the students around: risk assessment, crisis prevention and recovery
- Co-develop a plan of care with each student, to support engagement in school and develop skills to promote future employability
- Develop and deliver group educational sessions for students to learn about mental health, well-being and common skill development
- Monitor and track skill development progress, develop transition plans and support students in service navigation,
- Plan and implement for closure and transition with the students
- Maintain and update documentation and statistical data as prescribed
- Contribute to agency-wide initiatives to advance the mission and ends of the organization
- Engage with EIA and other adult literacy programs, employment programs and other stakeholders to promote ALOL, educate on the admission criteria, develop strong collaborative relationships to enhance the transition process

The Qualifications

- This position requires three years' completed post-secondary education at the undergraduate level in human services related disciplines such as Social Work, Psychology, Sociology, or Education and two years of direct service experience in a community based organization.
- Knowledge and understanding of mental health, mental illness and community resources
- Knowledge and understanding of Psychosocial Rehabilitation, co-occurring disorders and Stages of Change, Motivational Interviewing, and adult learning principles
- Ability to work within a multidisciplinary team
- Excellent verbal and written communication skills
- Marketing and promotion skills
- Demonstrates competence in cultural safety and works effectively with individuals with various backgrounds
- Must have a recent satisfactory criminal records/vulnerable persons check and a recent satisfactory abuse registry check
- Flexible working hours, including some evenings
- Must have a valid driver's license and access to a vehicle
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The Process

Please submit your resume and a cover letter by **August 3, 2021** in electronic form to epartyka@cmhawpg.mb.ca or by mail to:

CMHA Manitoba and Winnipeg
Attn: Ela Partyka
 930 Portage Avenue
 Winnipeg, Manitoba R3G 0P8