

Job Posting (EXTERNAL)

Wellness Support Specialist—Manitoba Education Workforce Initiative full and part time one-year term positions available

The Canadian Mental Health Association Manitoba and Winnipeg, is part of a 100 year old nation-wide non-profit organization that promotes the mental health of Canadians and supports the resilience and recovery of people experiencing mental illness.

Why Choose CMHA Manitoba and Winnipeg?

For a great work/life balance

For career development

For our comprehensive group benefits plan, including extended health, life insurance, and long-term disability coverage

For our CAPB pension plan

For the opportunity to work with a talented team who are passionate and dedicated to mental health recovery and well-being

The Opportunity

In response to identified needs, CMHA Manitoba and Winnipeg is partnering with the Manitoba education system to operationalize a rapid systemic approach that will support the mental health and well-being of all staff in Manitoba school divisions. We are looking to hire for an overall 3.0EFT and can offer flexibility around preferences for full or part time hours and scheduling.

The Positions

The CMHA Wellness Support Specialist(s), working within a team-based setting, will welcome and engage with teachers and staff within the Manitoba Education System providing peer support, accurate and timely information, appropriate referrals, and ensuring meaningful service linkage to promote well-being and resilience. The Wellness Support Specialist will relate to callers using self-awareness of their own experience in the education workforce and inspire hope, empowerment, wellness, and recovery.

This salary range for this position falls within the Collective Agreement Band 5 scale between \$45,869.88 and \$55,799.34.

The Responsibilities

- Provide peer support
- Understand and apply recovery oriented, person-centered, and trauma informed approaches
- Facilitate an overall assessment of need
- Provide service navigation and ensure appropriate linkages are made
- Provide interim supports
- Actively engage with external services and programs
- Promote the services through presentations and other communication activities
- Provide outreach to ensure a strong community presence
- Maintain and update documentation and statistical data as prescribed
- Contribute to agency-wide initiatives to advance the mission and ends of the organization
- Support community engagement activities

- Participate as a member of the service delivery team

The Qualifications

- Experience working within Manitoba Education System is an asset
- This position requires a post-secondary degree in a human service-related discipline such as education, social work, psychology, or nursing
- Over two years' experience in community-based mental health and/or over 2 years' experience within the Manitoba education system
- Knowledge and experience providing supports related to mental health and well-being
- Personal lived experience is an asset
- Knowledge of values and principles of peer support
- Knowledge of local mental health and addictions system and community services
- Empathy, understanding and peer support skills
- Strong engagement and communication skills
- Problem-solving, and time management skills
- Demonstrates competence in cultural safety and works effectively with individuals with various cultural backgrounds
- Works effectively independently, as well as within teams
- Proven aptitude for assisting, communicating, problem-solving, advocacy, and time management skills
- Strong oral and written communication skills
- Assessment and counselling skills
- Knowledge of the impact of stigma, and of the impacts of trauma
- Demonstrated knowledge of Stages of Change and Motivational Interviewing
- Ability to provide a recent satisfactory criminal record check and a recent satisfactory abuse registry check

The Process

Please submit your resume and a cover letter by **October 19, 2021** in electronic form to epartyka@cmhawpg.mb.ca or by mail to:

CMHA Manitoba and Winnipeg
Attn: Ela Partyka
930 Portage Avenue
Winnipeg, Manitoba R3G 0P8